

# WHAT'S IN YOUR FAMILY TREE?

Lynch syndrome is an inherited condition that increases your risk of colorectal cancer and other cancers. Lynch syndrome is known as hereditary nonpolyposis colorectal cancer (HNPCC). 3 out of every 100 colorectal cancers are caused by Lynch syndrome. If you have a family history of Lynch syndrome, you may find multiple family members with colorectal cancer (or other cancers listed below) and it may have occurred at an earlier age. Learn about your family's medical history. Ask your family members about past medical problems, history of colon, polyps, cancer, genetic testing and when they occurred.

## ANSWER THE FOLLOWING QUESTIONS WITH YOUR FAMILY:

Who was diagnosed with colon or rectal cancer before 50?

Me   
  Parent   
  Sibling   
  Grand parent   
  Aunt   
  Uncle   
  Other Write-in

Anyone diagnosed with uterine (also called "endometrial") cancer before 50?

Me   
  Parent   
  Sibling   
  Grand parent   
  Aunt   
  Uncle   
  Other Write-in

Anyone have 10 or more colon polyps over a lifetime (cumulative)?

Me   
  Parent   
  Sibling   
  Grand parent   
  Aunt   
  Uncle   
  Other Write-in

## HAVE 2 OR MORE OF ANY OF THE FOLLOWING CANCERS BEEN DIAGNOSED IN THE SAME PERSON OR ON THE SAME SIDE OF YOUR FAMILY?

Yes   
  No

List your family members affected by cancer:

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*If the answer is yes, shade in the cancer(s).*

- |   |  |
|---|--|
| <input type="radio"/> Colorectal          | <input type="radio"/> Small bowel          |
| <input type="radio"/> Uterine/endometrial | <input type="radio"/> Pancreas             |
| <input type="radio"/> Ovarian             | <input type="radio"/> Brain                |
| <input type="radio"/> Stomach             | <input type="radio"/> Kidney/urinary tract |
| <input type="radio"/> Biliary tract       |  |

## HAVE YOU OR A FAMILY MEMBER EVER BEEN TESTED FOR A HEREDITARY RISK OF CANCER?

Yes   
  No

**What were the results?**

*Need more room? Use back of sheet*

If you or any of your close relatives meet any of the above criteria, you may be at increased risk for colorectal cancer and could benefit from a cancer genetics evaluation. Take this form to your doctor to discuss it.